

# Learn. Connect. Do.

# Planning your LiveDifferent Day.

Having meaningful conversations about things that matter.

LiveDifferent

LiveDifferent Circles helps young people explore important values, build stronger relationships and get activated in kindness leaving your youth more compassionate, resilient and hopeful.

> Our desire is to craft a visit to your school that empowers your students and helps you achieve your goals for your school. Through assemblies, culture-shifting workshops and leadership training, we want to leave a lasting impact on your students.



# Helping identify your needs



#### One-Hour Assembly

Are you looking for a rallying point for all your students? Do you need a way for your school to collectively be connected and encouraged? If so, developing your LiveDifferent Day around a Circles Assembly or multiple Circles Assemblies might be the way to go.

### LiveDifferent Day

(1 or 2 day programming)

Is there a need to invest in and empower the students and the student leaders in your school? Our Compassion in Action Workshop and Circles sessions are a great way to craft a day for both students & your student leaders. If developing new or current leaders in your schools is a goal, our Leadership Experience would be the perfect fit.

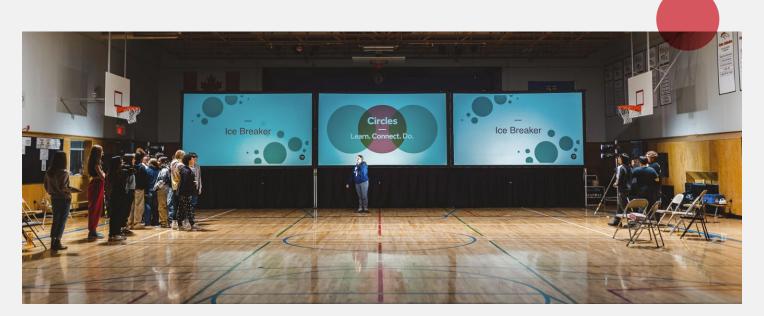
#### **Circles Program**

(One-time use or one year license)

Included within our visit to your school is a free single-use Circles program license for a classroom or group or \$500 off our full school wide Circles peer-mentorship program. If you would like our visit to have a year-long impact, then we can prioritize training your student leaders to run the full Circles program while we are at your school. You can find out more about that here.

https://livedifferent.com/circles /peer-mentorship/

# Programming options



# Circles Assembly

Utilizing our 51ft wide, three-screen production, our Circles assemblies harness the power of crowd interaction, live storytelling and engaging video to unpack the topics of Empathy or Altruism (Kindness). We craft our presentation around the inclusion of student voices from your school, as well as using the latest technology to keep our message engaging and relevant.



# Circles Workshop

These Circle Sessions are the backbone of our youth programming and provide the opportunity for students to truly connect and explore meaningful conversations about things that matter. Students can experience any one of our 6 Circles sessions in a library, auditorium or larger gym format. Breakout Circles discussion groups will be facilitated by our team and nominated teachers.

#### The session topics are:

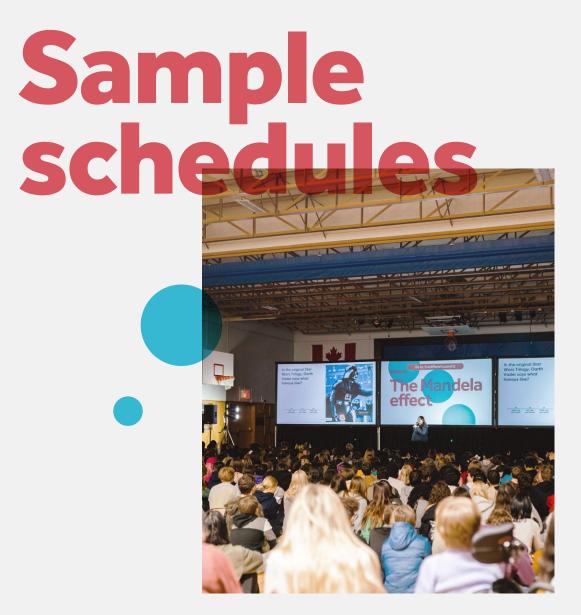
- Authenticity
- Empathy
- Growth Mindset
- Resilience
- Altruism (Kindness)
- Values and Priorities

## Compassion in Action Workshop

In this fast-paced 1-hour workshop, students will be activated to complete several compassion projects in your school. This is a fun, feel-good workshop that allows students to apply kindness in a practical way, in real-time.

## Circles Leaders Experience

Students will walk away from this workshop with a deeper understanding of their potential as a leader amongst their peers. They will learn how to facilitate thoughtful conversations and how to better cultivate a culture of kindness within your school. By focusing on the key principles from our Circles leadership training, student leaders will gain some practical tools to foster empathy and develop a desire to see more authenticity in their relationships. 4



This is just an example of what LiveDifferent's programming components & time frame might look like. All events can accommodate as few or as many students as you like. Please speak with LiveDifferent staff to create a schedule that is tailored to your community or school! This is a great option for those interested in purchasing the Full Circles Peer-Mentorship Program.



#### School Name: LiveDifferent Day Schedule 2022/2023



#### Schedule Overview:

- School Assembly, Topic Options:
- Altruism or Empathy
- Compassion in Action Workshop
- Circles Session, Topic:
- Authenticity, Resilience, Growth Mindset, Values, Empathy, Altruism
- Circles Leaders Experience

Day 1	Activity	Details
7:30am-9:00am	Team Setup	Team sets up audio-visual
		equipment in gym
9:00am-9:15am	Student Load-in	
9:15am-10:15am	60 min – LiveDifferent Circles Assembly	Location: Gym
	<b>Group:</b> All students (grades 7, 8, 9, 10, 11, 12)	
		Students: 150 students
10:15am–10:30am	Group Transition / Break	LiveDifferent Team prep
		for next session
10:30am–11:30am	60 min – Compassion in Action Workshop	Location: Gym
	Group: Grade 9 and 10 students	
	<ul> <li>Participate in facilitated compassion projects</li> </ul>	Students: 40 students
	– Reflection (time permitting)	
11:30am–12:15am	Lunch	Lunch provided for team
12:15am-12:30pm		Team prep for next session
12:30pm-12:45pm	Student Load-in	
12:45pm–1:45pm	60 min – Circles Session (Altruism)	
	Group: Grade 7 and 8 students	
	– Ice-breaker	
	<ul> <li>Participate in circle session &amp; discussion circles</li> </ul>	
1:45pm-2:00pm	Group Transition / Break	Team prep for next session
2:00pm-3:30pm	90 min – Circles Leaders Experience	Location: Gym
	Group: Grades 11 and 12 Circles Leaders	
	– Circles Program – Student Leader Training	Students: 15 students
	– Practice Leadership Skills	
3:30pm-4:30pm	Tear Down	Tear down equipment
		in gym & pack up



#### School Name: LiveDifferent Days Schedule 2022/2023



#### **Schedule Overview:**

- School Assembly, Topic Options:
- Altruism or Empathy
- 3x Circles Sessions, Topics:
- Authenticity, Resilience, Growth Mindset, Values, Empathy, Altruism
- 3x Compassion In Action Workshops
- Circles Leaders Experience

Day 1	Activity	Details
7:30am-9:00am	Team Setup	Team sets up audio-visual
		equipment in gym
9:00am–9:15am	Student Load-in	
9:15am–10:15am	60 min – LiveDifferent Circles Assembly	Location: Gym
	<b>Group:</b> All students (grades 7, 8, 9, 10, 11, 12)	
		Students: 120 students
10:15am–10:30am	Break	LiveDifferent Team prep
		for next session
10:30am–11:30am	60 min – Circles Session #1 (Resilience)	Location: Gym
	Group: Grade 11 and 12 students	
	– Ice-breaker	Students: 30 students
	– Participate in circle session & discussion circles	
11:30am–12:15pm	Lunch	Lunch provided for the team
12:15pm-12:30pm		LiveDifferent Team prep
		for next session
12:30pm–12:45pm	Student Load in	
12:45pm–1:45pm	60 min – Circles Session #2 (Resilience)	Location: Gym
	Group: Grade 9 and 10 students	
	– Ice-breaker	Students: 40 students
	<ul> <li>Participate in circle session &amp; discussion circles</li> </ul>	
1:45pm-2:00pm	Group Transition / Break	LiveDifferent Team prep
		for next session
2:00pm-3:00pm	60 min – Circles Session #3 (Authenticity)	Location: Gym
	Group: Grade 7 and 8 students	
	– Ice-breaker	Students: 40 students
	– Participate in circle session & discussion circles	

Day 2	Activity	Details
		LiveDifferent Team morning prep
9:00am-9:15am	Student Load-in	
9:15am–10:15am	60 min – Compassion in Action Workshop #1 Group: Grade 11 and 12 students	Location: Gym
	<ul> <li>Participate in facilitated compassion projects</li> <li>Reflection (time permitting)</li> </ul>	Students: 30 students
10:15am–10:30am	Group Transition / Break	LiveDifferent Team prep for next session
10:30am–11:30am	60 min – Compassion in Action Workshop #2 Group: Grades 9 and 10 students	Location: Gym
	<ul> <li>Participate in facilitated compassion projects</li> <li>Reflection (time permitting)</li> </ul>	Students: 40 students
11:30am–12:15pm	Lunch	Lunch provided for the team
12:15pm-12:30pm		LiveDifferent Team prep for next session
12:30pm-12:45pm	Student Load in	
12:45pm-1:45pm	60 min – Compassion in Action Workshop #3 Group: Grades 7 and 8 students	Location: Gym
	– Participate in facilitated compassion projects	Students: 40 students
1:45pm-2:00pm	Group Transition / Break	LiveDifferent Team prep for next session
2:00pm-3:30pm	90 minutes – Circles Leaders Experience Group: Grade 10 students	Location: Gym
	– Circles Program – Student Leader Training – Practice Leadership Skills	Students: 20 students (leadership students)
3:30pm-4:30pm	Tear Down	Tear down equipment in gym & pack up



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Follow our socials LiveDifferent.com/LD-Links



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